



Mottram believes that PE and School Sport are essential in helping our children to develop the important qualities of discipline, resilience, communication, tolerance, teamwork, and ambition. It provides the foundation for a healthy lifestyle and promotes character building, co-operation and self-esteem. High quality PE at Mottram will provide all children with the inspiration to succeed and excel in competitive sport and other physically demanding activities. It will provide opportunities for pupils to become physically confident in a way which supports their health, fitness and mental wellbeing. It provides opportunities to compete in sport and other activities, build character and help to embed values such as fairness and respect.

Long Term Plan – PE 2023-24

Red	Purple	Yellow	Blue	Green
<i>Gymnastics</i>	<i>Rugby</i>	<i>Rugby</i>	<i>Rugby</i>	<i>Rugby</i>
<i>Dance</i>	<i>Gymnastics</i>	<i>Gymnastics</i>	<i>Gymnastics</i>	<i>Gymnastics</i>
<i>Ball skills</i>	<i>Basketball</i>	<i>Basketball</i>	<i>Basketball</i>	<i>Basketball</i>
<i>Gymnastics</i>	<i>Hockey</i>	<i>Hockey</i>	<i>Hockey</i>	<i>Hockey</i>
<i>Dance</i>	<i>Cricket</i>	<i>Cricket</i>	<i>Cricket</i>	<i>Cricket</i>
<i>Ball skills</i>	<i>Tennis</i>	<i>Tennis</i>	<i>Tennis</i>	<i>Tennis</i>

Coach