



Mottram believes that PE and School Sport are essential in helping our children to develop the important qualities of discipline, resilience, communication, tolerance, teamwork, and ambition. It provides the foundation for a healthy lifestyle and promotes character building, co-operation and self-esteem. High quality PE at Mottram will provide all children with the inspiration to succeed and excel in competitive sport and other physically demanding activities. It will provide opportunities for pupils to become physically confident in a way which supports their health, fitness and mental wellbeing. It provides opportunities to compete in sport and other activities, build character and help to embed values such as fairness and respect.

Long Term Plan – PE 2021 – 22

Red	Purple	Yellow	Blue	Green
Gymnastics	Rugby Ball skills	Rugby Rounders	Rugby Team games	Rugby Team games
Dance	Hockey Gymnastics	Hockey Gymnastics	Hockey Gymnastics	Hockey Gymnastics
Ball skills	Basketball Dance	Basketball Dance	Basketball Dance	Basketball Dance
Gymnastics	Gymnastics Ball skills	Gymnastics Netball	Gymnastics Football	Gymnastics Football
Dance	Cricket Athletics	Cricket Athletics	Cricket Ultimate frisby	Cricket Ultimate frisby
Ball skills	Tennis Rounders	Tennis Team games	Tennis Rounders	Tennis Striking games

Coach

Class Teacher