



## Mottram C.E. Primary School

### **PSHE Personal, Social, Health, Citizenship and Economic Education Policy**

This policy was adopted in Autumn 2021

**Communicators** – children will explore how to communicate their emotions in a range of ways. They will be given support to help share their feelings, their concerns and their opinions in an appropriate way.

**Explorers** – children will explore topics around themselves and others. They will have an understanding of what makes them unique, what makes them feel happy and safe and what might make them feel worried.

**Readers** – we will encourage children to read new vocabulary, read information and symbols to keep them safe and read ideas and views of others to understand a bigger picture.

**Believers** – all children should believe in themselves; they should have the confidence to go out into the community around them as well as the wider world. They should believe that they are all different but if they develop strong relationships, a sense of safety and understanding of being healthy they should be confident and positive about themselves. Through these activities, we will encourage the children to show compassion and believe they can be the change they want to see in the world.

#### **Intent**

At Mottram C of E Primary School, Personal, Social, Health, Citizenship, and Economic Education (PSHE) enables our children to become healthy, independent, and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social, and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a valued member of society. It also introduces them to some of the principles of financial planning and understanding. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community, instilling the potential for change.

#### **Aims**

At Mottram CE Primary School, our PSHE education programme promotes our school ethos and is underpinned by the schools' Christian values. We believe that PSHE should enable children to become healthier, more independent and more responsible members of society. We encourage our children to play a positive role in contributing to the life of the school and the wider community. In so doing, we help develop their sense of self-worth. We teach them how society is organised and governed. We ensure that the children experience the process of democracy through the election of school council. They are encouraged to voice their views, ideas and opinions through this process, thus making a positive contribution to the school community. Through Citizenship, the pupils find out about the main political and social institutions that affect their lives and about their responsibilities, rights and



duties as individuals and members of communities. We teach children both about their rights and about their responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multicultural society.

### **Early Years Foundation Stage (EYFS)**

In the EYFS, PSHE and citizenship is taught as an integral part of topic work and are embedded throughout the curriculum. Personal, Social and Emotional Development is a Prime Area in EYFS. Children's personal, social and emotional development (PSED) is crucial for each individual to lead healthy and happy lives and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others. Children are supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life. We also support citizenship education in EYFS classes when we teach 'Understanding the World'.

### **Implementation**

#### **Teaching Year 1 – 6**

The school uses the KAPOW Primary Curriculum to deliver the main content of integrated and standalone lessons when teaching PSHE. These work alongside the No Outsiders programme and the Sex and Relationship Education (SRE) policy. The programme will be taught through a range of teaching methods, including class discussions, sharing of own life experiences, whole school assemblies, school council, outside agencies. From year 1 onwards classes will have a PSHE floor books that moves with the class as they progress throughout KS1 and KS2. We will ensure the curriculum is broad and balanced by following the Kapow scheme, which is a whole school approach that consists of 5 areas of learning.

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

Each area is revisited every year to allow children to build upon prior learning. The lessons also provide a progressive programme.

### **PSHE and its use in other Curriculum Areas**

At Mottram CE Primary School, PSHE is an integral part of our culture and ethos and underpins our Christian Values, our mission and vision. It is not a stand alone subject but is taught at every opportunity to broaden the children's understanding of the world in which they live. Through our Christian Aid Global Neighbours and our



overarching theme of 'Food' we aim to discuss wider global issues and how our pupils can be the change they want to see.

### **Impact**

By the time children leave our school they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity
- recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
- be able to understand and manage their emotions
- be able to look after their mental health and well-being
- be able to develop positive, healthy relationship with their peers both now and in the future.
- understand the physical aspects involved in RSE at an age appropriate level
- have respect for themselves and others.
- have a positive self esteem
- show compassion and embrace the love of Jesus through our Christian Values

### **Assessment and Record Keeping**

Pupils will be encouraged to reflect upon their work as individuals, in class groups and through self-assessment as appropriate. Our teachers assess the children's work in PSHE as they observe and listen to children during lessons, through displays and by recorded work in cross curricular areas.

### **Equal Opportunities**

Equal opportunities are a fundamental principle in this school. PSHE is in line with the school's statement of equal opportunities for all our pupils to ensure that pupils can reach their full potential and 'live life in all its fullness' – John 10:10.

### **Review and Evaluation Procedures**

The PSHE coordinator will liaise regularly with staff and governors during formal meetings and informally, to monitor the effectiveness of the policy and the scheme of work.